# Two ways to solve this (sort of) power-reduction Trig integral 

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Often, there are many ways to solve the same integration problem. This is an interesting one I saw on Reddit (r/Calculus) recently.

## Question.

Integrate:

$$
\int_{0}^{\frac{\pi}{4}} \tan ^{7} x \sec ^{2} x d x
$$

## Solution.

To set up the rest of this discussion, let's name our integral $I_{1}$ and $I_{2}$, where $I_{1}=I_{2}$ :

$$
\begin{array}{ll}
I_{1}=\int_{0}^{\frac{\pi}{4}} \tan ^{7} x \sec ^{2} x d x & \text { (original integral) } \\
I_{2}=\int_{0}^{\frac{\pi}{4}} \tan ^{6} x \sec x \sec x \tan x d x & \text { (rewritten with a } \sec x \text { and } \tan x \text { "peeled off") }
\end{array}
$$

Now, both of these integrals are signaling $u$-substitutions, as both have a function and its derivative expressed in the integrand. Super interesting. Let's examine both ways to solve.

## Solving $I_{1}$

Turns out, this one is the most straightforward one to solve, so it will go quicker. Starting with a $u$-substitution, let:

$$
\begin{aligned}
u & =\tan x \\
d u & =\sec ^{2} x d x \\
d x & =\frac{d u}{\sec ^{2} x} \\
a & =\tan (0)=0 \\
b & =\tan \left(\frac{\pi}{4}\right)=1
\end{aligned}
$$

Taking $I_{1}$ to the $u$-world, we now have:

$$
\begin{aligned}
I_{1} & =\int_{0}^{1} u^{7} d u \\
& \left.=\frac{1}{8} u^{8}\right]_{u=0}^{1} \\
& =\frac{1}{8} \cdot 1^{8}-0 \\
& =\frac{1}{8}
\end{aligned}
$$

Not too bad. Done.

## Solving $I_{2}$

This is an alternate solution, starting with an alternate choice for $u$ :

$$
\begin{aligned}
u & =\sec x \\
d u & =\sec x \tan x d x \\
d x & =\frac{d u}{\sec x \tan x} \\
a_{u} & =\sec (0)=1 \\
b_{u} & =\sec \left(\frac{\pi}{4}\right)=\sqrt{2}
\end{aligned}
$$

In addition, we have to think about the $\tan ^{6} x$ term. Here, we use the Pythagorean identity:

$$
\tan ^{2} x=\sec ^{2} x-1
$$

giving us:

$$
\tan ^{6} x=\left(\tan ^{2} x\right)^{3}=\left(\sec ^{2} x-1\right)^{3}
$$

Taking $I_{2}$ to the $u$-world, we now have:

$$
I_{2}=\int_{1}^{\sqrt{2}}\left(u^{2}-1\right)^{3} \cdot u d u
$$

OK, let's pause and note that we have two options for proceeding. First is to expand the cubic term, $\left(u^{2}-1\right)^{3}$ and multiply by $u$ to get a polynomial integral in $u$ - super easy to solve, although the expansion is a bit painful. Second, note that we do have a term and its derivative expressed in the integrand of the $u$ integral, namely, $\left(u^{2}-1\right)$ and its derivative, $2 u$, where $2 u$ differs from $u$ only by a constant. I like the latter, myself, since it is a way to do the integral without introducing possible errors by expanding incorrectly, as well as it being a great example of Calculus Thinking. . Since we have already used $u$ to substitute and rewrite $I_{2}$ once, let's use $v$ to rewrite our $u$ integral:

$$
v=u^{2}-1
$$

[^0]\[

$$
\begin{aligned}
d v & =2 u d u \\
d u & =\frac{d v}{2 u} \\
a_{v} & =1^{2}-1=0 \\
b_{v} & =(\sqrt{2})^{2}-1=1
\end{aligned}
$$
\]

Taking $I_{2}$ to the $v$-world, we now have:

$$
\begin{aligned}
I_{2} & =\frac{1}{2} \int_{0}^{1} v^{3} d v \\
& \left.=\frac{1}{2} \cdot \frac{1}{4} v^{4}\right]_{v=0}^{1} \\
& =\frac{1}{8}\left(1^{4}-0^{4}\right) \\
& =\frac{1}{8}
\end{aligned}
$$

Same answer, two ways! Yes!
It bears mentioning that neither solution is more correct than the other. One of the beautiful things I find in working math problems of all types is seeing new ways to solve old problems, and to track which paths to solution I see first. This is usually some sort of measure of my experience, and therefore, my intuition as a mathematician and problem solver. I check on both of those things quite often to see where I am, to see how I might better meet students in my work as a math tutor.

Done.

## Reporting errors and giving feedback

I am so pleased that you have downloaded this study guide and have considered the techniques herein. To that end, I am the only writer and the only editor of these things, so if you find an error in the text or calculations, please email me and tell me about it! I am committed to prompt changes when something is inaccurate. I also really appreciate it when someone takes a moment to tell me how I'm doing with these sorts of things, so please do so, if you feel inclined.

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[^0]:    ${ }^{1}$ https://mymathteacheristerrible.com/blog/2019/5/15/calculus-thinking-a-definition-i-use-over-and-over-with-my-students

